

# Essay & Poster Contests/School Assemblies

Fourth and fifth grade students in the Greenwood (Millerstown, PA) and Newport (Newport, PA) elementary schools were busy during the spring of 2015 writing and drawing to get their entries ready for the annual *Essay & Poster Contests* sponsored in their school by the local Perry Valley Grange. The purpose of this program, sponsored by the Grange in both school districts for many years, is to raise awareness about important issues among students and community.

The theme for both contests in 2015 was **“Eat Smart, Play Smart”**. Student participants were encouraged to describe in their essay or show in a poster the essential lessons learned from the adults in their lives about the importance that exercise and healthy eating plays in a healthy lifestyle. The Grange provided cash awards of \$50 - first place, \$30 - second and \$20 - third in each contest in each school (total of \$400).

**Announcing the 2015**

**Essay & Poster Contests**  
**Newport & Greenwood Elementary Schools**

**Sponsored by Perry Valley Grange**

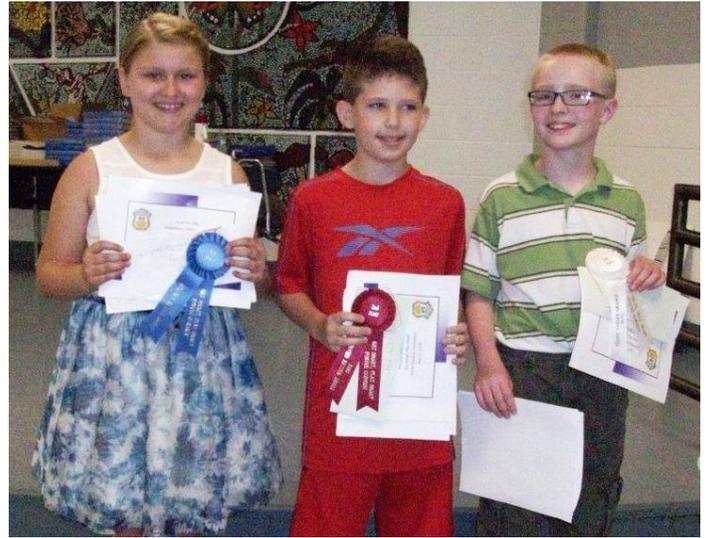


1. The contests are open to all students in the Greenwood and Newport Elementary Schools in grades 4 and 5. Students may submit one entry in each of the two contests.
2. The purpose of the contests is to encourage participants to develop their writing and artistic abilities on a subject pertinent to students.
3. The contest deadline is Friday, April 24, 2015. All completed entries must be submitted to the appropriate school official by the close of school on Friday, April 24, 2015.
4. Each entry must be identified on the back with the following information:
  - Student's name, age, grade, home mailing address & telephone number
  - Name & telephone number of the student's elementary school
  - Name of teacher
  - Name(s) of parent(s)/guardian(s)Entries submitted without this information may be disqualified.
5. **Contest Theme** – The theme for both contests will be **“Eat Smart, Play Smart”**. Student participants are encouraged to describe in their essay or show in a poster the essential lessons learned from the adults in their lives (parents, teachers, counselors, neighbors, police, etc.) about the importance that exercise and healthy eating plays in a healthy lifestyle .
6. **Poster Contest** - The size of the poster should not be smaller than 12" X 18" and no larger than 15" X 22". Any medium may be used and the poster may include words, artwork, photos and/or pasted-on items.
7. **Essay Contest** - The length of the essay is a minimum of 100 words and a maximum of 300 words. The essay may be handwritten or computer generated.
8. Monetary awards will be presented in each contest as follows:
  - First place - \$50,
  - Second place - \$30
  - Third place - \$20
9. Announcement of winners and the presentation of awards will be held during an assembly program in each elementary school on May 12, 2015. Winners, their parents and teachers will receive written invitations to this assembly. All contest participants will be recognized at the assemblies and receive an achievement certificate.
10. Questions may be directed to participating teachers, your elementary school principal or to Grange representative Krista Pontius at [kpontius@greenwoodsd.org](mailto:kpontius@greenwoodsd.org) or 717-385-6015.

***This year close to 200 entries competed in the Grange sponsored essay & poster contest in Greenwood and Newport Elementary Schools. The project is one of our biggest annual community service projects.***



Receiving awards for their entries in the Greenwood Elementary School "Eat Smart, Play Smart" essay contest sponsored by Perry Valley Grange were: (left to right) second - Cassie Wright and third - Nathan Lesh. First place winner Sam Myers is not pictured.



Receiving awards for their entries in the Newport Elementary School "Eat Smart, Play Smart" essay contest sponsored by Perry Valley Grange were: (left to right) first - Olivia Valentine, second - Jackson Beaver and third - Jacob Cummins.



Receiving awards for their entries in the Greenwood Elementary School "Eat Smart, Play Smart" poster contest sponsored by Perry Valley Grange were: (left to right) first - Trey Hess, second - Ashlyn Taylor and third - Tyler Sherman.



Mr. Stew Kirk (right), physical education teacher at Newport Elementary School, recently received a citation from County Commissioner Brenda Benner in recognition of his long service to the school's students. Many of the fourth and fifth grade students participating in a recent essay and poster contest sponsored by Perry Valley Grange cited Kirk's positive influence on their exercise habits.

## Healthy Eating Program

An awards assembly was held in each school on Tuesday, May 12, 2015. An important part of the assembly is always an education presentation related to the year's contest theme. This year Margie Slyman from Pinnacle Health led the kids in an interactive presentation about healthy eating, moving more and feeling good.



Receiving awards for their entries in the Newport Elementary School "Eat Smart, Play Smart" poster contest sponsored by Perry Valley Grange were: (left to right) first - Shyla Benner, second - Ana Mae O'Brien and third - Dezirae Myers.